

Nike Cross Nationals Heartland Regional
Yankton Trail Park, Sioux Falls, SD
November, 14th 2009

===== BOYS TEAM SCORE =====
Boy's Championship Race

1.	61	Eden Prairie	(16:03	1:20:15)
=====				
1	1	Aaron Bartnik	15:34	
2	3	Mohamed Mohamed	15:53	
3	12	Chris Mueller	16:06	
4	21	Kyle Bratrud	16:19	
5	24	Marcus Huderle	16:23	
6	(42)	Erick Meszaros-Jon	16:47	
7	(103)	Brady Gust	17:31	
2.	74	Wayzata XC Club	(16:11	1:20:55)
=====				
1	8	Oliver Haugland	15:59	
2	9	Josh Thorson	16:02	
3	18	John Subialka	16:17	
4	19	Max Johnson	16:18	
5	20	Landon Lozano	16:19	
6	(25)	Adam Moline	16:24	
7	(31)	Mark Harries	16:32	
3.	97	Demon XC Club	(16:16	1:21:18)
=====				
1	4	Christian Brownotter	15:53	
2	7	Ian Wiest	15:59	
3	13	Jake Leingang	16:07	
4	30	Josh Hintz	16:32	
5	43	Brandon Barnes	16:47	
6	(56)	Lucas Degree	17:00	
7	(59)	Lane Kashur	17:00	
4.	215	Stillwater XC Club	(16:45	1:23:41)
=====				
1	16	Brian Brochman	16:14	
2	37	Tom Linner	16:39	
3	41	Ryan Nichols	16:45	
4	45	Wade Hall	16:49	
5	76	Nate Hanson	17:14	
6	(86)	Gabe Hanson	17:19	
7	(95)	Sean Bjork	17:27	
5.	250	Brandon Vall	(16:47	1:23:53)
=====				
1	17	Bobby Brockmueller	16:15	
2	23	Billy Brockmueller	16:21	
3	36	Nathan Hauge	16:39	
4	62	Austin Hogie	17:01	
5	112	Ben Schultz	17:37	
6	(136)	Blaze Kilian	18:02	
7	(140)	Zach VanEde	18:05	
6.	295	Perham CC Club	(16:59	1:24:55)
=====				
1	29	Sam Stoll	16:31	
2	49	Klaus Weber	16:53	

3	63	Keith Schornack	17:03	
4	74	Nick Carignan	17:11	
5	80	Isaac Werner	17:17	
6	(82)	Brandon Karels	17:17	
7	(87)	Andrew Riestenberg	17:20	
=====				
7.	299	Sioux Falls	(16:57	1:24:43)
=====				
1	10	Tanner Ahrendt	16:04	
2	44	Ethan Tabbert	16:48	
3	53	Matt Horan	16:56	
4	93	Jordan Fuglestad	17:26	
5	99	Dylan Slaba	17:29	
6	(144)	Tyler Nack	18:07	
7	(154)	Adam Kost	18:34	
=====				
8.	316	Raider Runners	(16:56	1:24:38)
=====				
1	2	Andrew Stevens	15:45	
2	46	Michael Gawlick	16:49	
3	69	Jack Powell	17:08	
4	89	Will DuBois	17:21	
5	110	Sam Reichman	17:35	
6	(116)	Sam Lutz	17:42	
7	(117)	Scott Leonard	17:44	
=====				
9.	334	North Lakeville	(17:04	1:25:16)
=====				
1	26	Ben Saxton	16:27	
2	38	Joey Brenner	16:40	
3	65	Sam Bach	17:04	
4	84	Alex Cole	17:18	
5	121	Kyle Haugen	17:47	
6	(125)	Connor Griffin	17:50	
7	(145)	Kyle Frober	18:07	
=====				
10.	342	Flash RC	(17:08	1:25:36)
=====				
1	48	Jacob Tayloe	16:51	
2	64	Jakob Stoner	17:04	
3	67	Andrew Halloran	17:07	
4	75	Tanner Reyhons	17:14	
5	88	Joey Sevcik	17:20	
6	(107)	Paul Strike	17:33	
7	(108)	Adam Streicher	17:33	
=====				
11.	346	Rosemount XC	(17:07	1:25:33)
=====				
1	39	Shane McCallum	16:41	
2	47	Nathan Rock	16:50	
3	68	Chandler Dye	17:08	
4	78	Kyle Mills	17:15	
5	114	Cameron Knotz	17:39	
6	(119)	Calvin Lehn	17:46	
7	(130)	Ben Dolan	17:54	
=====				
12.	350	Burnsville D	(17:07	1:25:34)
=====				
1	28	Micheal Tessema	16:29	
2	55	Shane Boeser	16:59	

3	81	Ochaung Akway	17:17
4	85	Erik Kollash	17:19
5	101	Micheal Bolland	17:30
6	(165)	Matt Connelly	18:59
13.	354	Burlington Mutants	(17:03 1:25:15)
1	5	Marshall Moyer	15:55
2	50	Ben Witt	16:54
3	92	Mark Foster	17:24
4	102	Josh Minard	17:30
5	105	Kaleb Sterler	17:32
6	(151)	Joshua Otto	18:17
7	(152)	Colin Ensminger	18:25
14.	357	Century XC Club	(17:02 1:25:09)
1	6	Brett Kelly	15:57
2	33	Levi Sether	16:32
3	98	Matt Nicklos	17:29
4	109	Cataldo Didonna	17:34
5	111	Dylan Sether	17:37
6	(131)	Cassidy Heid	17:56
15.	381	Dutch Running Riot	(17:12 1:25:58)
1	22	Zach Wittenberg	16:21
2	58	Nathan Buchheit	17:00
3	71	Jon Klein	17:10
4	91	Zach Buchheit	17:23
5	139	Michael Schemm	18:04
6	(162)	Evan Jones	18:54
7	(166)	Chris Meyers	19:00
16.	384	Alexandria XC Club	(17:12 1:25:58)
1	32	Zach Hodgson	16:32
2	70	Austin McCoy	17:09
3	73	Will Sieling	17:10
4	94	Dan Gorghuber	17:27
5	115	David Ohman	17:40
6	(133)	Sam Vinje	17:57
7	(147)	Mitch Ronning	18:12
17.	390	Marshalltown	(17:14 1:26:09)
1	52	Christian Kremer	16:55
2	60	Eric Shomo	17:00
3	61	Patrick Fink	17:00
4	97	Jimma James	17:28
5	120	Austin Watts	17:46
6	(132)	Luke Hood	17:56
7	(158)	Mike Gettemy	18:48
18.	423	Mills Road RC	(17:20 1:26:38)
1	34	James Tang	16:38
2	40	Sydney Madlock	16:44
3	77	Eric Lomison	17:15
4	124	Mohamed Hamdan	17:49

5	148	Matt Keeshahn	18:12		
19.	425	Moorhead XC Club	(17:19	1:26:31)	
=====					
1	35	Derek Nelson	16:38		
2	51	Chirstian P. Larson	16:55		
3	104	Matt Nicolai	17:32		
4	113	Nick Geraghty	17:39		
5	122	Dan Sederquist	17:47		
6	(123)	Josh Young	17:48		
20.	443	Hopkins Harriers	(17:29	1:27:21)	
=====					
1	27	Besufekad Shannon-Tamr	16:29		
2	66	John Klecker	17:05		
3	90	Mustaf Osman	17:21		
4	96	Sam Jacobwith	17:28		
5	164	Joe Klecker	18:58		
6	(167)	David Abel	19:05		
7	(168)	Mike Larson	19:13		
21.	472	Knights XC	(17:28	1:27:17)	
=====					
1	57	Tom Fisher	17:00		
2	72	Shane Harlow	17:10		
3	83	Paul Shafer	17:18		
4	126	Mike Torrey	17:50		
5	134	Andrew Torrey	17:59		
6	(141)	Alex Torrey	18:05		
7	(153)	Ben Houska	18:28		
22.	504	Spartan XC Club	(17:31	1:27:31)	
=====					
1	15	Riley Macon	16:12		
2	79	Andrew Johnson	17:16		
3	129	Billy Schimmel	17:53		
4	138	Nick Seavy	18:04		
5	143	Steven Schimmel	18:06		
6	(155)	Luke Kruger	18:37		
7	(157)	Ryan Pewowaruk	18:44		
23.	509	Pleasant Val	(17:32	1:27:36)	
=====					
1	14	Tyler Meseke	16:08		
2	54	Cody Doughan	16:57		
3	142	Safwan Elkhatab	18:06		
4	149	Johnathon Creighton	18:12		
5	150	Tony Meyer	18:13		
6	(159)	Evan Schommer	18:49		
7	(160)	Danny Herzberg	18:50		
24.	556	Red Wing XC Club	(17:42	1:28:30)	
=====					
1	11	Bryant Blahnik	16:05		
2	106	Christian Leitner	17:32		
3	137	Ben Tittle	18:03		
4	146	Max Christiansen	18:12		
5	156	Isaac Wyland	18:38		
6	(161)	Jordy Hassmer	18:53		

25. 608 Patriot RC (17:48 1:28:57)
=====

1	100	Nick Simmonds	17:29
2	118	Dave Prchal	17:44
3	127	Jimmy Olson	17:51
4	128	Robert Bestenlehner	17:52
5	135	Derek Comba	18:01
6	(163)	Nathan Meiners	18:56

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Place	TmPl	Name	Year	School	Rank	1 Mile	2 Mile	2msplit	Time	Pace	
1	1	Aaron Bartnik	JR	Eden Prairie	48	5:06	10:04	4:59	15:33.70	5:01	T
2		Marcus Paulson	SR	Una-Wi-Susse	9	4:55	10:01	5:07	15:37.40	5:02	I
3		Jake Erschen	SR	Una-Wi-Pewau	8	4:55	10:01	5:07	15:40.30	5:03	I
4	2	Andrew Stevens	SR	Raider Runners	10	4:56	10:07	5:11	15:44.30	5:04	I
5		Jacob Sandry	SR	Lake Conference TC	20	4:59	10:05	5:07	15:46.10	5:05	I
6		Tony Smoragiewicz	SO	Una-Sd-Rapid	46	5:06	10:15	5:10	15:48.00	5:06	I
7		Jarren Heng	SR	Norfolk Cath	3	4:54	10:02	5:08	15:48.20	5:06	I
8	3	Mohamed Mohamed	JR	Eden Prairie	52	5:07	10:11	5:05	15:52.20	5:07	T
9	4	Christian Brownott	SR	Demon XC Club	26	5:00	10:06	5:07	15:52.50	5:07	I
10	5	Marshall Moyer	JR	Burlington Mutants	22	4:59	10:09	5:10	15:54.50	5:08	I
11	6	Brett Kelly	SR	Century XC Club	2	4:54	10:07	5:13	15:56.80	5:08	I
12	7	Ian Wiest	SR	Demon XC Club	23	4:59	10:13	5:14	15:58.50	5:09	I
13	8	Oliver Haugland	SR	Wayzata XC Club	61	5:08	10:18	5:11	15:58.80	5:09	T
14	9	Josh Thorson	SO	Wayzata XC Club	56	5:07	10:16	5:09	16:01.30	5:10	T
15		Blayne Dulian	SR	Una-Mn-Coon_	15	4:57	10:07	5:11	16:02.20	5:10	
16		Jon-Michael Brandt	SR	Una-Mn-Winon	7	4:55	10:06	5:12	16:02.70	5:10	
17	10	Tanner Ahrendt	FR	Sioux Falls	49	5:06	10:20	5:14	16:03.70	5:11	
18	11	Bryant Blahnik	JR	Red Wing XC Club	4	4:55	10:09	5:15	16:04.30	5:11	
19	12	Chris Mueller	SR	Eden Prairie	58	5:07	10:21	5:14	16:05.20	5:11	T
20		Jake Autio	SR	Una-Mn-St._m	14	4:57	10:13	5:17	16:05.70	5:11	
21	13	Jake Leingang	FR	Demon XC Club	29	5:00	10:15	5:16	16:06.10	5:11	
22	14	Tyler Meseke	JR	Pleasant Val	17	4:57	10:13	5:16	16:07.60	5:12	
23		Evan Landes	JR	Mulvane XC Club	41	5:05	10:18	5:13	16:08.70	5:12	
24	15	Riley Macon	SO	Spartan XC Club	47	5:06	10:18	5:12	16:11.30	5:13	
25	16	Brian Brochman	SR	Stillwater XC Club	31	5:01	10:21	5:21	16:13.60	5:14	
26		Riley Coates	JR	Una-Sd-Rapid	38	5:05	10:20	5:16	16:14.30	5:14	
27	17	Bobby Brockmueller	SR	Brandon Vall	34	5:03	10:25	5:22	16:14.50	5:14	
28	18	John Subialka	SR	Wayzata XC Club	112	5:18	10:32	5:14	16:16.50	5:15	T
29	19	Max Johnson	SR	Wayzata XC Club	106	5:17	10:32	5:15	16:17.30	5:15	T
30	20	Landon Lozano	SR	Wayzata XC Club	64	5:09	10:22	5:14	16:18.30	5:15	T
31		Cole Decker	SO	Una-Ia-Des_m	43	5:06	10:22	5:17	16:19.00	5:16	
32	21	Kyle Bratrud	JR	Eden Prairie	53	5:07	10:24	5:17	16:19.00	5:16	T
33	22	Zach Wittenberg	SR	Dutch Running Riot	21	4:59	10:25	5:27	16:20.30	5:16	
34	23	Billy Brockmueller	SR	Brandon Vall	36	5:04	10:25	5:22	16:20.50	5:16	
35		Paul Yak	SR	Una-Ia-Storm	11	4:56	10:21	5:25	16:21.40	5:16	
36		Michael Ellenberge	SR	Una-Mn-Edina	68	5:10	10:27	5:18	16:22.10	5:17	
37	24	Marcus Huderle	SR	Eden Prairie	81	5:14	10:30	5:17	16:22.70	5:17	T
38	25	Adam Moline	JR	Wayzata XC Club	111	5:18	10:36	5:19	16:23.50	5:17	T
39		Steven Dado	JR	Lake Conference TC	24	4:59	10:18	5:19	16:24.70	5:17	
40		Andrew Barrett		Una-Ia-Des_m	25	4:59	10:23	5:24	16:25.40	5:18	

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Place	TmPl	Name	Year	School	Rank	1 Mile	2 Mile	2msplit	Time	Pace
41	26	Ben Saxton	SO	North Lakeville	66	5:09	10:27	5:19	16:26.30	5:18
42		Alex Johnson	JR	Una-Mn-Maple	13	4:56	10:24	5:29	16:26.90	5:18
43		Logan Sloan	JR	Una-Ks-Lawre	42	5:05	10:27	5:22	16:28.10	5:19
44	27	Micheal Tessema	SR	Burnsville D	89	5:15	10:30	5:15	16:28.70	5:19
45	28	Besufekad Shannon-	SR	Hopkins Harriers	27	5:00	10:20	5:21	16:28.70	5:19
46		Michael Van Voorhi	SR	Una-Mn-Minne	12	4:56	10:23	5:27	16:28.90	5:19
47	29	Sam Stoll	SR	Perham CC Club	65	5:09	10:37	5:29	16:30.50	5:19
48	30	Josh Hintz	SR	Demon XC Club	107	5:17	10:36	5:19	16:31.10	5:19
49	31	Mark Harries	JR	Wayzata XC Club	123	5:19	10:37	5:18	16:31.20	5:20 T
50	32	Zach Hodgson	JR	Alexandria XC Club	88	5:15	10:39	5:25	16:32.00	5:20
51	33	Levi Sether	JR	Century XC Club	32	5:02	10:30	5:28	16:32.00	5:20
52		Jt McCarthy	SR	Una-Ia-Burli	16	4:57	10:17	5:21	16:32.20	5:20
53		Kenny Mayer	SR	Una-Sd-Hazel-Mayer	55	5:07	10:32	5:25	16:34.60	5:21
54		Kevin Lewis	JR	Una-Ia-Ottum	19	4:58	10:16	5:19	16:36.40	5:21
55		Tyler Olson	JR	Una-Mn-Maple	28	5:00	10:27	5:28	16:36.60	5:21
56		Marcus Portofee	SR	South Stars	51	5:07	10:36	5:30	16:37.10	5:21
57	34	James Tang	SO	Mills Road RC	80	5:14	10:42	5:28	16:37.40	5:22
58	35	Derek Nelson	JR	Moorhead XC Club	119	5:19	10:44	5:26	16:37.60	5:22
59	36	Nathan Hauge	JR	Brandon Vall	40	5:05	10:35	5:30	16:38.20	5:22
60	37	Tom Linner	SO	Stillwater XC Club	44	5:06	10:32	5:27	16:38.70	5:22
61	38	Joey Brenner	JR	North Lakeville	74	5:12	10:37	5:25	16:39.80	5:22
62	39	Shane McCallum	JR	Rosemount XC	138	5:22	10:47	5:25	16:40.50	5:23
63	40	Sydney Madlock	SR	Mills Road RC	83	5:14	10:44	5:30	16:43.20	5:23
64		Brady McGuire	JR	Una-Ne-North	18	4:58	10:22	5:25	16:44.30	5:24
65	41	Ryan Nichols	SR	Stillwater XC Club	33	5:03	10:33	5:31	16:44.70	5:24
66	42	Erick Meszaros-Jon	SR	Eden Prairie	82	5:14	10:36	5:23	16:46.20	5:24 T
67	43	Brandon Barnes	SR	Demon XC Club	98	5:17	10:50	5:34	16:46.60	5:24
68	44	Ethan Tabbert	SO	Sioux Falls	75	5:12	10:45	5:33	16:47.30	5:25
69	45	Wade Hall	FR	Stillwater XC Club	35	5:03	10:37	5:35	16:48.10	5:25
70	46	Michael Gawlick	SO	Raider Runners	105	5:17	10:45	5:29	16:48.80	5:25
71	47	Nathan Rock	SO	Rosemount XC	67	5:09	10:41	5:32	16:49.40	5:25
72		Tj Gleason	JR	Una-Sd-Sioux	118	5:19	10:49	5:31	16:49.60	5:25
73		Nathan Robeck	SR	Una-Mn-Saint	45	5:06	10:41	5:35	16:49.90	5:26
74		Mark Caballero	SR	Una-Wi-Brook	147	5:24	10:52	5:28	16:50.40	5:26
75	48	Jacob Tayloe	SR	Flash RC	71	5:10	10:45	5:35	16:50.50	5:26
76		Kyle Economy	SR	Una-Mn-Victo	92	5:15	10:44	5:29	16:52.70	5:26
77	49	Klaus Weber	JR	Perham CC Club	72	5:11	10:43	5:32	16:52.80	5:26
78	50	Ben Witt	JR	Burlington Mutants	99	5:17	10:47	5:31	16:53.20	5:27
79		Oj Ojullu	JR	Una-Mn-Worth	142	5:23	10:53	5:30	16:53.60	5:27
80	51	Chirstian P. Larso	JR	Moorhead XC Club	125	5:20	10:49	5:30	16:54.10	5:27

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Place	TmPl	Name	Year	School	Rank	1 Mile	2 Mile	2msplit	Time	Pace
81	52	Christian Kremer	SO	Marshalltown	128	5:21	10:51	5:30	16:54.30	5:27
82		Mubarik Musa	SO	Una-Mn-Worth	6	4:55	10:25	5:30	16:55.10	5:27
83	53	Matt Horan	JR	Sioux Falls	77	5:13	10:46	5:33	16:55.10	5:27
84		Connor Marshall	JR	Una-Ne-Linco	39	5:05	10:43	5:39	16:55.10	5:27
85		Wyatt Doop		Una-Mn-Wayza	30	5:01	10:33	5:33	16:56.70	5:28
86	54	Cody Doughan	SR	Pleasant Val	60	5:08	10:41	5:34	16:56.90	5:28
87		Kemal Jarso			1	4:54	10:01	5:08	16:58.20	5:28
88	55	Shane Boeser	JR	Burnsville D	139	5:23	10:58	5:36	16:58.20	5:28
89	56	Lucas Degree	SR	Demon XC Club	116	5:19	10:48	5:30	16:59.10	5:29
90	57	Tom Fisher	SO	Knights XC	91	5:15	10:54	5:39	16:59.30	5:29
91	58	Nathan Buchheit	SR	Dutch Running Riot	76	5:13	10:47	5:35	16:59.80	5:29
92		Jonathan Powell	SR	Una-Ne-Colum	62	5:08	10:45	5:37	16:59.80	5:29
93	59	Lane Kashur	FR	Demon XC Club	120	5:19	10:44	5:26	16:59.90	5:29
94	60	Eric Shomo	SR	Marshalltown	145	5:24	10:51	5:28	16:59.90	5:29
95	61	Patrick Fink	SR	Marshalltown	121	5:19	10:50	5:32	16:59.90	5:29
96	62	Austin Hogie	SO	Brandon Vall	57	5:07	10:47	5:40	17:00.80	5:29
97	63	Keith Schornack	JR	Perham CC Club	96	5:16	10:52	5:36	17:02.10	5:29
98	64	Jakob Stoner	JR	Flash RC	110	5:18	10:55	5:37	17:03.10	5:30
99	65	Sam Bach	JR	North Lakeville	103	5:17	10:51	5:35	17:03.70	5:30
100	66	John Klecker	SO	Hopkins Harriers	155	5:25	10:57	5:32	17:04.60	5:30
101	67	Andrew Halloran	SO	Flash RC	135	5:22	10:56	5:35	17:06.80	5:31
102		Kody Fitzjerrells	SO	Una-Ia-Dubuq	37	5:05	10:39	5:35	17:07.10	5:31
103	68	Chandler Dye	SO	Rosemount XC	179	5:32	11:03	5:32	17:07.30	5:31
104	69	Jack Powell	SO	Raider Runners	109	5:18	10:58	5:41	17:07.80	5:31
105	70	Austin McCoy	SR	Alexandria XC Club	152	5:25	11:03	5:38	17:08.70	5:32
106	71	Jon Klein	SR	Dutch Running Riot	84	5:14	10:56	5:43	17:09.40	5:32
107	72	Shane Harlow	JR	Knights XC	50	5:07	10:37	5:31	17:09.60	5:32
108	73	Will Sieling	SO	Alexandria XC Club	113	5:18	10:52	5:34	17:09.70	5:32
109	74	Nick Carignan	FR	Perham CC Club	108	5:18	10:56	5:39	17:10.50	5:32
110		Jeffrey Mettler	SR	Una-Sd-Eurek	101	5:17	10:53	5:37	17:12.90	5:33
111	75	Tanner Reyhons	JR	Flash RC	117	5:19	10:56	5:38	17:13.30	5:33
112	76	Nate Hanson	SO	Stillwater XC Club	95	5:16	10:54	5:39	17:13.50	5:33
113	77	Eric Lomison	SR	Mills Road RC	79	5:13	10:52	5:39	17:14.20	5:33
114	78	Kyle Mills	SR	Rosemount XC	148	5:24	10:59	5:35	17:14.50	5:33
115		Dillon Dodson	JR	Una-Ne-Sidne	97	5:16	10:59	5:43	17:15.10	5:34
116	79	Andrew Johnson	JR	Spartan XC Club	114	5:18	10:55	5:38	17:15.80	5:34
117	80	Isaac Werner	SR	Perham CC Club	104	5:17	11:00	5:44	17:16.20	5:34
118	81	Ochaung Akway	SR	Burnsville D	156	5:25	10:54	5:30	17:16.30	5:34
119	82	Brandon Karels	JR	Perham CC Club	102	5:17	10:55	5:39	17:17.00	5:34
120	83	Paul Shafer	SO	Knights XC	94	5:16	11:04	5:49	17:17.30	5:34

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Place	TmPl	Name	Year	School	Rank	1 Mile	2 Mile	2msplit	Time	Pace
121	84	Alex Cole	SR	North Lakeville	90	5:15	10:52	5:38	17:17.60	5:34
122	85	Erik Kollash	JR	Burnsville D	204	5:37	11:16	5:40	17:19.00	5:35
123	86	Gabe Hanson	SR	Stillwater XC Club	70	5:10	10:55	5:45	17:19.00	5:35
124		Eric Sanders	SO	Una-Sd-Rapid	130	5:21	11:04	5:43	17:19.20	5:35
125	87	Andrew Riestenberg	JR	Perham CC Club	141	5:23	11:01	5:38	17:19.90	5:35
126	88	Joey Sevcik	SR	Flash RC	198	5:35	11:06	5:32	17:20.00	5:35
127	89	Will Dubois	SR	Raider Runners	137	5:22	11:04	5:42	17:20.10	5:35
128	90	Mustaf Osman	SR	Hopkins Harriers	191	5:34	11:15	5:42	17:20.60	5:35
129		Josh Heitkamp	SR	East Sioux Falls	59	5:07	10:58	5:52	17:22.00	5:36
130	91	Zach Buchheit	SO	Dutch Running Riot	93	5:16	11:08	5:53	17:22.60	5:36
131	92	Mark Foster	JR	Burlington Mutants	129	5:21	11:00	5:39	17:23.80	5:36
132	93	Jordan Fuglestad	SR	Sioux Falls	100	5:17	11:02	5:46	17:26.00	5:37
133	94	Dan Gorghuber	JR	Alexandria XC Club	143	5:23	11:07	5:44	17:26.70	5:37
134	95	Sean Bjork	FR	Stillwater XC Club	86	5:15	10:56	5:42	17:26.90	5:37
135	96	Sam Jacobwith	SO	Hopkins Harriers	195	5:34	11:19	5:45	17:27.50	5:38
136	97	Jimma James	SR	Marshalltown	69	5:10	10:54	5:44	17:27.90	5:38
137	98	Matt Nicklos	JR	Century XC Club	136	5:22	11:11	5:49	17:28.10	5:38
138	99	Dylan Slaba	SO	Sioux Falls	126	5:20	11:06	5:46	17:28.60	5:38
139	100	Nick Simmonds	JR	Patriot RC	157	5:26	11:14	5:49	17:28.90	5:38
140		Jacee Jarnagin	SR	Una-Ks-Holco	134	5:22	11:08	5:47	17:29.20	5:38
141	101	Micheal Bolland	JR	Burnsville D	158	5:26	11:03	5:38	17:29.40	5:38
142	102	Josh Minard	SR	Burlington Mutants	163	5:27	11:08	5:42	17:29.80	5:38
143		Zach Brintz	SR	Centennial XC Club	73	5:12	10:58	5:47	17:30.10	5:38
144	103	Brady Gust	SR	Eden Prairie	127	5:21	11:02	5:42	17:30.50	5:39
145	104	Matt Nicolai	SR	Moorhead XC Club	164	5:27	11:03	5:37	17:31.30	5:39
146		Sidney Speir	FR	Una-Mn-Inver	140	5:23	11:01	5:38	17:31.60	5:39
147	105	Kaleb Sterler	SO	Burlington Mutants	161	5:26	11:09	5:43	17:31.80	5:39
148	106	Christian Leitner	SO	Red Wing XC Club	175	5:31	11:13	5:43	17:31.90	5:39
149	107	Paul Strike	SR	Flash RC	168	5:29	11:12	5:44	17:32.10	5:39
150	108	Adam Streicher	SO	Flash RC	154	5:25	11:06	5:41	17:32.70	5:39
151	109	Cataldo Didonna	FR	Century XC Club	193	5:34	11:16	5:43	17:34.00	5:40
152	110	Sam Reichman	JR	Raider Runners	122	5:19	11:05	5:47	17:34.90	5:40
153	111	Dylan Sether	FR	Century XC Club	192	5:34	11:16	5:43	17:36.30	5:40
154	112	Ben Schultz	SO	Brandon Vall	63	5:08	10:51	5:43	17:36.60	5:41
155		Stephen Duley	JR	Una-Wi-Fond_	85	5:14	11:04	5:50	17:37.30	5:41
156		Michael Wolf	SR	Una-Ks-Holco	133	5:22	11:14	5:53	17:37.60	5:41
157		Addison Dehaven	8	Una-Sd-Brook	166	5:28	11:13	5:46	17:38.00	5:41
158	113	Nick Geraghty	JR	Moorhead XC Club	165	5:27	11:12	5:45	17:38.80	5:41
159	114	Cameron Knotz	JR	Rosemount XC	207	5:37	11:21	5:44	17:38.90	5:41
160	115	David Ohman	SR	Alexandria XC Club	172	5:30	11:14	5:44	17:39.90	5:42

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Place	TmPl	Name	Year	School	Rank	1 Mile	2 Mile	2msplit	Time	Pace
161		Paul Thompson	SR	Lake Conference TC	159	5:26	11:15	5:50	17:40.10	5:42
162	116	Sam Lutz	SR	Raider Runners	144	5:23	11:11	5:48	17:41.40	5:42
163	117	Scott Leonard	SO	Raider Runners	146	5:24	11:12	5:49	17:43.10	5:43
164	118	Dave Prchal	JR	Patriot RC	153	5:25	11:16	5:52	17:43.60	5:43
165	119	Calvin Lehn	SO	Rosemount XC	188	5:33	11:10	5:37	17:45.50	5:43
166	120	Austin Watts	JR	Marshalltown	177	5:31	11:16	5:45	17:45.80	5:44
167	121	Kyle Haugen	SR	North Lakeville	171	5:30	11:30	6:01	17:46.30	5:44
168	122	Dan Sederquist	SR	Moorhead XC Club	151	5:25	11:12	5:48	17:46.50	5:44
169	123	Josh Young	8	Moorhead XC Club	220	5:41	11:25	5:45	17:47.10	5:44
170	124	Mohamed Hamdan	FR	Mills Road RC	167	5:28	11:16	5:48	17:48.20	5:44
171	125	Connor Griffin	SR	North Lakeville	162	5:26	11:16	5:50	17:49.80	5:45
172	126	Mike Torrey	SR	Knights XC	132	5:21	11:23	6:02	17:50.00	5:45
173		Terry Nielsen	JR	Una-Ia-Cedar	87	5:15	11:06	5:52	17:50.20	5:45
174	127	Jimmy Olson	JR	Patriot RC	182	5:33	11:19	5:47	17:51.00	5:45
175	128	Robert Bestenlehne	JR	Patriot RC	183	5:33	11:25	5:52	17:51.90	5:46
176	129	Billy Schimmel	JR	Spartan XC Club	197	5:34	11:30	5:56	17:52.10	5:46
177		Caleb Marler	FR	Una-Sd-Black	176	5:31	11:20	5:50	17:52.30	5:46
178	130	Ben Dolan	JR	Rosemount XC	201	5:36	11:27	5:52	17:53.60	5:46
179	131	Cassidy Heid	JR	Century XC Club	208	5:37	11:34	5:57	17:55.30	5:47
180	132	Luke Hood	JR	Marshalltown	200	5:36	11:31	5:55	17:56.00	5:47
181	133	Sam Vinje	SR	Alexandria XC Club	131	5:21	11:10	5:49	17:56.30	5:47
182	134	Andrew Torrey	FR	Knights XC	203	5:36	11:33	5:57	17:58.10	5:48
183		Chase McClaren	SR	Una-Ne-Grand	115	5:18	11:15	5:57	17:58.70	5:48
184	135	Derek Comba	SR	Patriot RC	211	5:38	11:27	5:50	18:00.50	5:48
185		John Evenocheck	JR	Rosemount Xc-B	210	5:37	11:30	5:53	18:01.60	5:49
186	136	Blaze Kilian	SR	Brandon Vall	185	5:33	11:33	6:00	18:01.60	5:49
187	137	Ben Tittle	JR	Red Wing XC Club	178	5:31	11:27	5:56	18:02.90	5:49
188	138	Nick Seavy	SR	Spartan XC Club	189	5:33	11:26	5:53	18:03.20	5:49
189	139	Michael Schemm	FR	Dutch Running Riot	169	5:29	11:26	5:58	18:03.70	5:49
190	140	Zach Vanede	FR	Brandon Vall	194	5:34	11:23	5:49	18:04.40	5:50
191	141	Alex Torrey	SO	Knights XC	180	5:32	11:25	5:54	18:04.70	5:50
192	142	Safwan Elkhatib	JR	Pleasant Val	214	5:39	11:32	5:54	18:05.20	5:50
193	143	Steven Schimmel	SO	Spartan XC Club	217	5:40	11:35	5:55	18:05.40	5:50
194	144	Tyler Nack	SR	Sioux Falls	170	5:29	11:22	5:53	18:06.50	5:50
195	145	Kyle Frober	JR	North Lakeville	124	5:20	11:17	5:58	18:07.00	5:50
196		Chase Frerichs	SO	Una-Ne-Sidne	149	5:25	11:32	6:08	18:10.10	5:51
197	146	Max Christiansen	JR	Red Wing XC Club	150	5:25	11:29	6:05	18:11.20	5:52
198	147	Mitch Ronning	JR	Alexandria XC Club	181	5:32	11:29	5:57	18:11.60	5:52
199	148	Matt Keeshahn	JR	Mills Road RC	173	5:30	11:27	5:57	18:11.70	5:52
200	149	Johnathon Creighto	JR	Pleasant Val	215	5:39	11:37	5:58	18:12.00	5:52

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Place	TmPl	Name	Year	School	Rank	1 Mile	2 Mile	2msplit	Time	Pace
201	150	Tony Meyer	SO	Pleasant Val	190	5:34	11:32	5:59	18:13.00	5:52
202	151	Joshua Otto	FR	Burlington Mutants	212	5:38	11:33	5:56	18:16.20	5:53
203		Joe Tilliskjor	SR	Centennial XC Club	54	5:07	11:33	6:26	18:19.10	5:54
204		Jacob Cassutt	JR	i Run	186	5:33	11:38	6:05	18:20.10	5:55
205	152	Colin Ensminger	FR	Burlington Mutants	213	5:39	11:41	6:03	18:25.00	5:56
206		Ronnie Costello	JR	Omaha South	160	5:26	11:39	6:13	18:26.70	5:57
207	153	Ben Houska	SO	Knights XC	218	5:40	11:48	6:08	18:27.90	5:57
208		Ryan Brown	SO	Centennial XC Club	196	5:34	11:36	6:02	18:32.20	5:58
209	154	Adam Kost	FR	Sioux Falls	199	5:35	11:43	6:09	18:34.00	5:59
210	155	Luke Kruger	SO	Spartan XC Club	219	5:41	11:54	6:13	18:36.80	6:00
211	156	Isaac Wyland	JR	Red Wing XC Club	222	5:42	11:50	6:08	18:37.40	6:00
212	157	Ryan Pewowaruk	FR	Spartan XC Club	221	5:41	11:51	6:10	18:43.50	6:02
213		Lam Ramdiet	SR	Omaha South	187	5:33	11:50	6:17	18:46.70	6:03
214	158	Mike Gettemy	JR	Marshalltown	206	5:37	11:44	6:07	18:47.70	6:03
215	159	Evan Schommer	JR	Pleasant Val	184	5:33	11:47	6:15	18:48.20	6:04
216		Wes Hyllstead	SR	Centennial XC Club	205	5:37	11:52	6:15	18:48.20	6:04
217	160	Danny Herzberg	JR	Pleasant Val	227	5:47	12:01	6:14	18:49.30	6:04
218	161	Jordy Hassmer	SO	Red Wing XC Club	216	5:39	11:55	6:16	18:52.30	6:05
219	162	Evan Jones	JR	Dutch Running Riot	209	5:37	11:51	6:15	18:53.20	6:05
220	163	Nathan Meiners	FR	Patriot RC	223	5:43	12:00	6:17	18:56.00	6:06
221	164	Joe Klecker	8	Hopkins Harriers	224	5:43	12:02	6:19	18:57.80	6:07
222	165	Matt Connelly	JR	Burnsville D	202	5:36	11:45	6:09	18:58.10	6:07
223	166	Chris Meyers	SR	Dutch Running Riot	174	5:31	11:59	6:29	18:59.50	6:07
224	167	David Abel	JR	Hopkins Harriers	226	5:46	12:08	6:22	19:04.70	6:09
225		Antonio Villafuert	JR	Omaha South	228	5:47	12:09	6:22	19:07.50	6:10
226	168	Mike Larson	JR	Hopkins Harriers	225	5:45	12:05	6:21	19:12.10	6:11
227		Brogan Austin	SR	Una-Ia-Boone	5	4:55	10:03	5:09		
228		Jordan Burns	JR	Una-Ia-Cedar	78	5:13				

Timing & Results by PrimeTime Race & Event Management, LLC. www.pttiming.com