



## INDIVIDUAL RESULTS

### Nike Team Nationals

#### Jr. Varsity Boys

Place	Displacer	Bib	Name	T Plc	Team	1 Mile	2 Mile	Time	Pace
1	1	1091	Josh Hintz	1	Bismarck TC	05:15	11:11	17:35	05:40
2		1041	Griffin Hieb		Aberdeen Central	05:23	11:15	17:48	05:44
3		1575	Ahmed Hussein		Winged Foot RC	05:31	11:30	17:54	05:46
4		1148	Billy Brockmueller		Dakota Jackrabbits	05:23	11:22	18:00	05:48
5	2	1026	Kermit Ellis	1	3-D Running Club	05:32	11:31	18:00	05:48
6	3	1083	Brandon Barnes	2	Bismarck TC	05:28	11:37	18:03	05:49
7	4	1327	David Altstadt	1	Perham CC Club	05:42	11:44	18:13	05:53
8		1568	Abdinasar Abdi		Winged Foot RC	05:32	11:43	18:13	05:53
9	5	1037	Mark Wilcox	2	3-D Running Club	05:30	11:37	18:15	05:53
10		1149	Bobby Brockmueller		Dakota Jackrabbits	05:36	11:44	18:16	05:54
11		1061	John Freude		Alejandro's School of Speed	05:35	11:38	18:18	05:54
12		1038	Taylor Wensmann		Aberdeen Central	05:26	11:35	18:19	05:54
13	6	1375	Evan Schommer	1	Pleasant Valley TC	05:35	11:44	18:23	05:56
14	7	1425	Josh Anderson	1	Sioux Falls XC	05:36	11:45	18:26	05:57
15	8	1378	Nic Weaver	2	Pleasant Valley TC	05:29	11:50	18:26	05:57
16	9	1432	Alex Lugo	2	Sioux Falls XC	05:31	11:43	18:32	05:59
17	10	1377	Josh Trueblood	3	Pleasant Valley TC	05:39	11:50	18:42	06:02
18	11	1371	Tyler Meseke	4	Pleasant Valley TC	05:41	12:00	18:45	06:03
19	12	1090	Coty Hintz	3	Bismarck TC	05:27	11:44	18:47	06:04
20		1585	Matt Weitzel		Winged Foot RC	05:46	12:02	18:49	06:04
21	13	1367	Cody Doughan	5	Pleasant Valley TC	05:32	12:00	18:54	06:06
22	14	1086	Daryl Berger	4	Bismarck TC	05:34	12:02	18:59	06:07
23	15	1428	Jordan Fuglestad	3	Sioux Falls XC	05:27	12:01	19:00	06:08
24	16	1340	Isaac Werner	2	Perham CC Club	05:44	12:03	19:00	06:08
25	17	1427	Jereme Bosma	4	Sioux Falls XC	05:36	12:02	19:01	06:08
26	18	1033	Ethan Metheny	3	3-D Running Club	05:39	12:04	19:03	06:09
27	19	1339	Klaus Weber	3	Perham CC Club	05:44	12:06	19:03	06:09
28	20	1582	Abdi Osman	1	Winged Foot RC	05:51	12:23	19:05	06:09
29		1514	Tony Reisdorfer		Unat-MN	05:40	12:09	19:07	06:10
30		1512	Erik LeMoine		Thunderbird XC C	05:55	12:25	19:10	06:11
31	21	1333	Andrew Riestenberg	4	Perham CC Club	05:56	12:18	19:11	06:11
32		1533	Kyle Burns		Waukee CC Club	05:36	12:13	19:18	06:14
33		1131	Ben Morris		Cedar Falls RC	05:48	12:17	19:19	06:14
34	22	1571	Derek Balanby	2	Winged Foot RC	05:43	12:08	19:21	06:15
35	23	2000	Lance Jonhson	5	Sioux Falls XC		12:11	19:22	06:15
36	24	1100	Josh Thornton	5	Bismarck TC	05:43	12:18	19:30	06:17
37	25	1338	Joe Ulrich	5	Perham CC Club	05:46	12:25	19:33	06:18
38	26	1099	Dion Schulz	6	Bismarck TC	05:37	12:17	19:38	06:20
39	27	1376	John Sokolik	6	Pleasant Valley TC	05:50	12:32	19:40	06:21
40	28	1437	Jake Thies	6	Sioux Falls XC	05:58	12:33	19:41	06:21
41	29	1433	Conner McIntire	7	Sioux Falls XC	06:08	12:57	19:53	06:25
42	30	1332	Kel Nelson	6	Perham CC Club	05:58	12:34	19:53	06:25
43	31	1573	Garrett Erickson	3	Winged Foot RC	06:00	12:43	19:56	06:26
44	32	1578	Tom LaPatka	4	Winged Foot RC	05:59	12:42	19:58	06:27
45	33	1211	Tanner Venard	1	Falls City XC Club	05:52	12:38	19:59	06:27
46		1583	Mursal Shire		Winged Foot RC	05:54	12:40	20:01	06:27
47	34	1330	Sam Huber	7	Perham CC Club	05:54	12:35	20:02	06:28
48		1479	Sam Carlson		Team Greeno	05:46	12:32	20:02	06:28
49		1124	Jon Hennings		Cedar Falls RC	05:59	12:56	20:06	06:29
50		1424	Jordan Albertson		Sioux Falls XC	05:36	12:10	20:07	06:29
51	35	1577	Matt Koniexzny	5	Winged Foot RC	05:56	12:38	20:13	06:31
52	36	1212	Dane Washenberger	2	Falls City XC Club	06:09	12:55	20:15	06:32

# Nike Team Nationals

## Jr. Varsity Boys

Place	Displacer	Bib	Name	T Plc	Team	1 Mile	2 Mile	Time	Pace
53	37	1203	Jon Ermer	3	Falls City XC Club	06:07	12:55	20:24	06:35
54	38	1023	Caleb Cooke	4	3-D Running Club	06:02	12:57	20:25	06:35
55		1430	Wyatt Jackson		Sioux Falls XC	06:04	12:54	20:27	06:36
56		1513	Joey Sevcik		Unat-IA-Cedar Fa	06:19	13:06	20:36	06:39
57	39	1204	Ethan Heckman	4	Falls City XC Club	06:06	13:01	20:40	06:40
58	40	1368	Safwan Elkhatab	7	Pleasant Valley TC	06:11	13:19	20:52	06:44
59	41	1200	Jack Billion	5	Falls City XC Club	06:02	13:05	20:55	06:45
60	42	1207	Dan Lown	6	Falls City XC Club	06:05	13:09	20:56	06:45
61	43	1580	Marty Nelson	6	Winged Foot RC	06:15	13:21	21:05	06:48
62		1516	Justin Feit		Unat-MN-Rushmore	06:07	13:16	21:10	06:50
63	44	1584	Danny Voss	7	Winged Foot RC	06:11	13:12	21:11	06:50
64	45	1594	Matt Gubbels	5	3-D Running Club	06:52	14:22	22:50	07:22
65	46	1593	Alex Rehurek	6	3-D Running Club	06:52	14:25	22:54	07:23
66		1480	Christian Geddes		Team Greeno	06:40	14:34	23:01	07:26
67	47	1210	Alan Spencer	7	Falls City XC Club	07:02	15:14	24:27	07:53

Nike Team National Heartland Regional Championship

Yankton Trails Park

Sioux Falls, SD

November 10th, 2007

===== Boys Junior Varsity Race =====

1. 48 Pleasant Valley TC ( 18:38 1:33:10)

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1	6	Evan Schommer	18:23
2	8	Nic Weaver	18:26
3	10	Josh Trueblood	18:42
4	11	Tyler Meseke	18:45
5	13	Cody Doughan	18:54
6	( 26)	John Sokolik	19:40
7	( 40)	Safwan Elkhatib	20:53

2. 53 Bismarck TC ( 18:36 1:32:56)

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1	1	Josh Hintz	17:35
2	3	Brandon Barnes	18:04
3	12	Coty Hintz	18:47
4	14	Daryl Berger	19:00
5	23	Josh Thornton	19:30
6	( 25)	Dion Schulz	19:38

3. 75 Sioux Falls XC ( 18:57 1:34:42)

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1	7	Josh Anderson	18:26
2	9	Alex Lugo	18:33
3	15	Jordan Fuglestad	19:00
4	17	Jereme Bosma	19:02
5	27	Jake Thies	19:41
6	( 28)	Conner McIntire	19:53
7	( 34)	Jordan Albertson	20:07

4. 84 Perham CC Club ( 19:01 1:35:02)

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1	4	David Altstadt	18:13
2	16	Isaac Werner	19:00
3	19	Klaus Weber	19:04
4	21	Andrew Riestenberg	19:12
5	24	Joe Ulrich	19:33
6	( 29)	Kel Nelson	19:53
7	( 33)	Sam Huber	20:02

5. 108 3-D Running Club ( 19:43 1:38:34)

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1	2	Kermit Ellis	18:00
2	5	Mark Wilcox	18:16
3	18	Ethan Metheny	19:03
4	38	Caleb Cooke	20:25
5	45	Matt Gubbels	22:50
6	( 46)	Alex Rehurek	22:55

6. 138 Winged Foot RC ( 19:44 1:38:36)

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1	20	Abdi Osman	19:05
2	22	Derek Balanby	19:22
3	30	Garrett Erickson	19:57
4	31	Tom LaPatka	19:59

5	35	Matt Koniexzny	20:13
6	( 43)	Marty Nelson	21:05
7	( 44)	Danny Voss	21:11

7. 185 Falls City XC Club ( 20:27 1:42:13)

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1	32	Tanner Venard	19:59
2	36	Dane Washenberger	20:15
3	37	Jon Ermer	20:24
4	39	Ethan Heckman	20:40
5	41	Jack Billion	20:55
6	( 42)	Dan Lown	20:56
7	( 47)	Alan Spencer	24:27