



INDIVIDUAL RESULTS

Nike Team Nationals

Frosh Boys

Place	Displacer	Bib	Name	T Plc	Team	1 Mile	2 Mile	Time	Pace
1		1155	Riley Coates		Douglas RC	05:13	10:57	17:20	05:36
2	1	1543	Karl Kabarowski	1	Wayzata Freshman	05:32	11:13	17:29	05:38
3	2	1542	Mark Harries	2	Wayzata Freshman	05:31	11:23	17:36	05:41
4	3	1541	Steven Donahue	3	Wayzata Freshman	05:28	11:22	17:44	05:43
5	4	1545	Josh Thorson	4	Wayzata Freshman	05:35	11:30	17:45	05:44
6		1481	TJ Gleason		Team Greeno	05:20	11:24	17:57	05:47
7		1154	Casey Coates		Douglas RC	05:39	11:42	18:15	05:53
8		1066	Tony Watteir		Alejandro's School of Speed	05:26	11:38	18:16	05:53
9	5	1544	Adam Moline	5	Wayzata Freshman	05:49	12:03	18:19	05:55
10	6	1546	Preston White	6	Wayzata Freshman	05:46	11:50	18:21	05:55
11	7	1231	Britt Jensen	1	Fremont TC	05:47	11:52	18:25	05:56
12	8	1236	Cory Poehling	2	Fremont TC	05:41	11:48	18:25	05:57
13		1259	Nathan Hauge		Jeff Hauge RC	05:36	11:52	18:26	05:57
14	9	1032	Josh Lundgren	1	3-D Running Club	05:41	11:48	18:29	05:58
15		1540	Mitch Wink		Waukee CC Club	05:47	11:55	18:35	06:00
16		1058	Ahmed Ali		Alejandro's School of Speed	05:37	11:51	18:42	06:02
17	10	1229	Ty Hall	3	Fremont TC	05:50	12:00	18:46	06:03
18		1524	Terrek Butterfield		Unat-SD-Huron	05:33	11:55	18:47	06:04
19	11	1238	Tom Porter	4	Fremont TC	05:51	12:02	18:48	06:04
20		1324	Andrew Kneeland		Paul Kneeland RC	05:41	12:00	18:49	06:04
21	12	1088	Kyle Burke	1	Bismarck TC	05:44	12:02	18:54	06:06
22	13	1098	Levi Perry	2	Bismarck TC	05:34	11:59	19:05	06:09
23	14	1029	Kipp Kinsley	2	3-D Running Club	06:01	12:17	19:06	06:10
24		1063	Reuben Kebede		Alejandro's School of Speed	05:32	11:53	19:07	06:10
25	15	1025	TJ Dumke	3	3-D Running Club	05:46	12:20	19:16	06:13
26	16	1092	Alex Huizenga	3	Bismarck TC	05:43	12:14	19:17	06:13
27		1500	Keegan Hecht		Team Patriot	05:53	12:25	19:23	06:15
28		1315	Jay Welp		Mmc	05:47	12:18	19:26	06:16
29	17	1035	Alec Sprakel	4	3-D Running Club	06:01	12:28	19:30	06:17
30	18	1240	Tyler Soderberg	5	Fremont TC	05:58	12:34	19:42	06:21
31		1347	Tyler Propst		Pierre Area RC	05:51	12:29	19:43	06:22
32	19	1101	Nolan Wagner	4	Bismarck TC	05:59	12:33	19:44	06:22
33	20	1232	Tyler Kunce	6	Fremont TC	05:53	12:36	19:47	06:23
34		1476	Alex Hall		Team Greeno	05:46	12:29	19:48	06:23
35	21	1241	Steven Wilson	7	Fremont TC	05:59	12:39	19:56	06:26
36		1227	Micah Chvatal		Fremont TC	06:10	12:56	20:03	06:28
37		1501	Curtis Bean		Team Patriot	06:08	12:49	20:04	06:28
38	22	1089	Alec Grothe	5	Bismarck TC	06:00	12:48	20:19	06:33
39		1273	Derrick Olson		Lennox RC	05:40	12:40	20:23	06:35
40		1482	Brett Michels		Team Greeno	05:59	12:50	20:25	06:35
41	23	1084	Garrett Barnes	6	Bismarck TC	06:15	13:15	20:51	06:43
42		1526	Clark Wintle		Unat-SD-Huron	06:05	13:19	20:55	06:45
43		1475	David Wells		Team Greeno	06:15	13:26	21:25	06:55
44	24	1028	Aaron Kasch	5	3-D Running Club	06:16	13:21	21:47	07:02
45		1042	Jase Pater		Adrian Roadrunners	06:57	14:45	23:09	07:28
46		1163	Kody Henning		Dragon X-Tra Mil	06:50	14:46	23:09	07:28

Nike Team National Heartland Regional Championship

Yankton Trails Park

Sioux Falls, SD

November 10th, 2007

===== Boys Freshman Team Score =====

1. 15 Wayzata Freshman (17:47 1:28:55)

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1	1	Karl Kabarowski	17:29
2	2	Mark Harries	17:37
3	3	Steven Donahue	17:44
4	4	Josh Thorson	17:45
5	5	Adam Moline	18:20
6	(6)	Preston White	18:21

2. 54 Fremont TC (18:50 1:34:07)

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1	7	Britt Jensen	18:25
2	8	Cory Poehling	18:26
3	10	Ty Hall	18:46
4	11	Tom Porter	18:48
5	18	Tyler Soderberg	19:42
6	(20)	Tyler Kunce	19:47
7	(21)	Steven Wilson	19:57

3. 79 3-D Running Club (19:39 1:38:12)

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1	9	Josh Lundgren	18:30
2	14	Kipp Kinsley	19:07
3	15	TJ Dumke	19:17
4	17	Alec Sprakel	19:31
5	24	Aaron Kasch	21:47

4. 82 Bismarck TC (19:29 1:37:21)

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1	12	Kyle Burke	18:54
2	13	Levi Perry	19:06
3	16	Alex Huizenga	19:17
4	19	Nolan Wagner	19:45
5	22	Alec Grothe	20:19
6	(23)	Garrett Barnes	20:51